

**NEWS**

**CHRISTMAS SERVICE**

A big thank you to Mark Rodgers and James Falconer for the lovely but emotional Christmas Service again this year. Donations for cards came to £257.82 thank you to all who donated.

**MAIN SUPPORT MEETINGS VENUES**

We would like to thank the Sportsman's Club for the use of their premises for our monthly support meetings. The room we have is suitable and parking is easy.

**WEBSITE**

Sandra Stephen and Jennifer Maitland are still working on our new website.

**RGU TALK 'A PARENTS PERSPECTIVE'**

Thank you to Sonia Gow once again who performed her talk to 2<sup>nd</sup> year Midwifery students at RGU in December. It was well attended by the students and many interesting questions were asked. We handed out 'Guidelines for Professionals' books to all attendees.

**Contact Persons**

CHAIRPERSON: Fiona Donald

SECRETARY: Susan Forsyth

TREASURER: Heather Robb

ANNIVERSARY CARDS: Pamela Styles

BEFRIENDER CO-ORDINATOR: Fiona Donald

RUBISLAW LIASON: Sandra Stephen

MEMORY POCKETS: Marjory Simpson

HELPLINE ROTA: Fiona Donald

WEBSITE: Sandra Stephen & Jennifer Maitland



Studying the initial design plans for the Baird Family Hospital at eh MLSC meeting.

**BAIRD FAMILY HOSPITAL AND FUNDRAISING REQUIRED.**

Recently we were shown as a group the latest design plans for the new hospital and in particular the Bereavement Annexe. Since the start of the planning process, Fiona Donald, Sandra Stephen, Susan Forsyth, and other members of the committee were involved. We now wish to fundraise for the interior decor and furnishing of this project. Anyone wishing to fundraise for this please email [help@aberdeensands.com](mailto:help@aberdeensands.com) and we can guide you how to get started.

Thank you to Gail Thomson and Anna Rist for keeping SANDS involved

## NEWS

**BABY BEREAVEMENT PHOTOGRAPHY DAY FOR PROFESSIONALS** to help them to take photographs and make lasting memories for bereaved parents.

### RUBILSAW WARD

We have had a big thank you from the staff at Aberdeen Maternity Hospital and the Rubislaw Ward for funding the two rooms which needed refurbished and furnished and for the idea of the side entrance for parents away from the hustle and bustle of the main door.

We have kindly been asked to be involved in upgrading the decor of the two ensuite rooms over the next few months.

### MATERNITY LIASON COMMITTEE

The committee continues to meet with Fiona Donald and Susan Forsyth in attendance, ensuring that SANDS is involved in shaping the Maternity Services in the Grampian area for the future. If any parent has any feedback they would like taken to the committee, good and not so good, please email [help@aberdeensands.com](mailto:help@aberdeensands.com).



Photography Training Day for Professionals that our group funded.

## OTHER INFORMATION

### Amendment to the last newsletter.

The 'Hope for the Future' Child Bereavement Conference which Sandra and Claire attended was a Joint Event between Grampian Child Bereavement Network and Cruse Bereavement Care Scotland.

### ANNIVERSARY CARDS

Should you wish an anniversary card for your baby's death, please send your name, address, along with your baby's name and date of passing to [help@aberdeensands.com](mailto:help@aberdeensands.com).

### MEMORY POCKETS

Marjory is still doing a great job keeping Rubislaw Ward stocked up with Memory Pockets.

### SCOTTISH NETWORK DAY

The next Scottish network Day is to be held in Fife in June. For more information please check our website [www.aberdeensands.com](http://www.aberdeensands.com) and our facebook page ABERDEEN SANDS, over the next few weeks.

## NEW ARRIVALS

### *Congratulation on the safe arrival of.....*

Rebecca MacKenzie and Daniel Nicol on the birth of Madison Kathleen Autumn Nicol born on 6<sup>th</sup> January weighing 5lb 10 oz, little sister to the late Adam.

Simon and Katie Pearce on the birth of Andrew Christopher Pearce born on 28<sup>th</sup> January weighing 7lb 14oz, little brother to Emma and the late William.

## DONATIONS

### ***Big, big thank you to everyone below.....***

£275.00 from Nicole Bennett was raised at her daughter Ruby's funeral. Nicole wanted the money to buy some items for Rubislaw Ward in memory of Ruby.

£20.00 donation from Louise Strachan in lieu of Christmas Cards.

£150.00 from Helen and Layla Willox which they raised at car boot sales in memory of Macy.

£105.00 from Liina Roostoja and Olivier Verguth which was money from them and also Liina's colleagues at Aberdeen City Council Waste and Recycling Team in memory of Lilian Marie.

£10.00 from Roy Melvin a member of the Sportsman Club where we hold our main meetings.

£340 from Ruth Jamieson raised at her father's funeral. Stillbirth has affected their family in the past hence why they decided to donate to Aberdeen SANDS.

£200.00 from Ian, Mary and Joey Milne in memory of their great niece Georgia-Anne Milne. Daughter of Neil and Linda Milne



ASIG handing over cheque

£2000.00 from ASIG Ground Handling Ltd at Aberdeen Airport. Every year they choose a charity to donate to and last year they selected Aberdeen SANDS, where Morag Lister Kennedy works. The committee decided we will use this money for the refurbishment of the two rooms at the back of Rubislaw Ward.

## FUNDRAISING

£1020.00 raised by Lesley Flett who took part in the Edinburgh Kiltwalk 2016.

£1081.00 raised by Fiona Brown who took part in the Aberdeen Kiltwalk and raised money to purchase a Cuddle Cot for the Rubislaw Ward in memory of her precious baby Abbie.

£465.00 raised at Alford Christmas Charity Fair by Lynn Hedley Craik.

£640.00 raised by Emma Willox who took part in the Baxters Loch Ness 5k 2016.

£165.00 raised by Denise Rush who took part in the Pedal For Scotland -Classic Challenge 2016

£112 from Stonewood Primary School raised at their Christmas Performance.

£1000.00 from Rebecca Carr Hair Salon they opened in February last year so they had a raffle, then they had a raffle at Christmas and a raffle at their 1st anniversary party. They also donated to SANDS all the five pence pieces from the selling of polybags.

£400.00 raised by Louise Cormack who held a Kid's and an Adults Halloween Party and has asked us to use the money to purchase Memory Boxes.



Louise Cormack raised money by organising two Halloween Parties for Adults and Children.

***All the best to those who are undertaking fundraising over the next few months.....***

## FORTHCOMING MEETINGS – All welcome

### MEETINGS:

#### SHETLAND SANDS SUPPORT MEETINGS

For more information please telephone: 07341945028 or email shetlandsands@hotmail.com

#### MORAY SANDS

The Moray meetings are to be held in UGIE HOUSE HOTEL at 7.30pm on the 3<sup>rd</sup> Wednesday of every month.

#### ABERDEEN SANDS

For details of the venues above please contact the helpline.

Thursday	4 <sup>th</sup> May	8 pm- 11 pm	Main support meeting Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday	1 <sup>st</sup> June	8 pm- 11 pm	Main support meeting Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday	6 <sup>th</sup> July	8 pm- 11 pm	Main support meeting Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday	3 <sup>rd</sup> Aug	8 pm- 11 pm	Main support meeting Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
<b>Thursday</b>	<b>7<sup>th</sup> Sept</b>	<b>7.30 pm– 8.30 pm</b>	<b>AGM Sportsman's Club 11 Queens Road Aberdeen AB15 4YL</b>
Thursday	7 <sup>th</sup> Sept	<b>8.30pm- 11pm</b>	Main support meeting Sportsman's Club 11 Queens Road Aberdeen AB15 4YL

#### THE NEXT PREGNANCY GROUP:

The group will continue to meet monthly, and should you feel you want to go along to these meetings for some support, details are listed below.

Wednesday	19 <sup>th</sup> April	8 pm -11 pm	Next Pregnancy Meeting	Jennifer Maitland's home
Wednesday	17 <sup>th</sup> May	8 pm -11 pm	Next Pregnancy Meeting	Sandra Stephen's home
Wednesday	14 <sup>th</sup> June	8 pm -11 pm	Next Pregnancy Meeting	Claire Reith's home
Wednesday	19 <sup>th</sup> July	8 pm -11 pm	Next Pregnancy Meeting	Natasha Hauzaree' s home
Wednesday	17 <sup>th</sup> Aug	8 pm -11 pm	Next Pregnancy Meeting	Julie Jamieson's home

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