

QUARTERLY NEWSLETTER: April/June 2016

NEWS

WEBSITE

We would like to welcome Jennifer Maitland onto our committee who is going to assist Sandra Stephen with the creation of our new website.

MAIN SUPPORT MEETINGS MEETING VENUE.

We would like to thank the Sportsman's Club for the use of their premises for our monthly support meetings. The room we have is suitable and parking is easy.

RGU TALK BY SONIA GOW

Thank you to Sonia Gow who again performed her talk 'A Parent's Perspective' to 2nd year Midwifery Students at RGU. It was well attended and we handed out a copy of 'Guidelines for Professional' to all attendees. Thank you also to RGU for allowing Sonia tell her story and raise awareness of our group.

RGU INTERNATIONAL DAY OF THE MIDWIFE AWARENESS

We were invited again to host a stand at his event which was held at RGU on the 6th May. Thank you to the students organizing the event. It was well attended and thank you to Susan Masser, Sandra Stephen and Aimee Fowlie for assisting in raising awareness of our group.

TALK TO CRUSE BEREAVEMENT, ABERDEEN. AWARENESS

Thank you to Sandra Stephen who did a talk on the support we offer in Aberdeen and Aberdeenshire to this lovely group of counsellors. They had many interesting questions about our group and kindly gave a donation of £20.00. Thank you to Cruse for our donation and for asking us to talk about the support we offer at Aberdeen SANDS.

MEMORIAL SERVICE 26th JUNE HAZELHEAD PARK at 2PM.

Susan Masser with some help is planning a memorial service for the summer at Hazlehead Park Rose Garden. There will be refreshments after the service at the nearby Park Cafe. If you wish to attend please email help@aberdeensands.com. for numbers for catering.

Contact Persons

CHAIRPERSON: Fiona Donald

SECRETARY: Susan Forsyth

TREASURER: Heather Robb

ANNIVERSARY CARDS: Pamela Styles

BEFRIENDER CO-ORDINATOR: Fiona Donald

RUBISLAW LIASON: Sandra Stephen

MEMORY POCKETS: Marjory Simpson

HELPLINE ROTA: Fiona Donald

WEBSITE: Sandra Stephen & Jennifer Maitland



NEWS

RUBISLAW WARD

We have ordered some furniture for the new Multipurpose Room in the Rubislaw Ward which should be in place end of May.

BAIRD FAMILY HOSPITAL

Fiona Donald and Susan Forsyth have joined the Communications group of the Baird Family Hospital who will meet every few months. Gail Thomson from the project, kindly showed our committee the initial layout plans for the new hospital.

MATERNITY LIAISON COMMITTEE

The committee continues to meet with Fiona Donald and Susan Forsyth in attendance, ensuring that SANDS is involved in shaping the Maternity Services in the Grampian area for the future. If any parent has any feedback they would like taken to the committee, good and not so good, please email help@aberdeensands.com.

GRAMPIAN CHILD BEREAVEMENT NETWORK

Fiona Donald and Sandra Stephen are attending meetings and the GCB Network group is involved in creating a website, which indicates all the support available to children who have suffered a family loss in the Grampian area.

AWARENESS & EVENTS

BEETLE DRIVE 3RD JUNE

The annual Beetle Drive will be held in Airyhall Community Centre at 7.15pm prompt. Could all SANDS parents please bring some home bakes for the refreshments and a raffle prize. It is good fun whilst raising money for a good cause.

SCOTTISH NETWORK DAY

The next Network Day when the Scottish Groups get together is Saturday June 11th 2016, at the Thistle Hotel in Glasgow. If you think you may attend please get in touch with fionadonald4@gmail.com and perhaps a few could go together.

NEW ARRIVALS

Congratulation on the safe arrival of.....

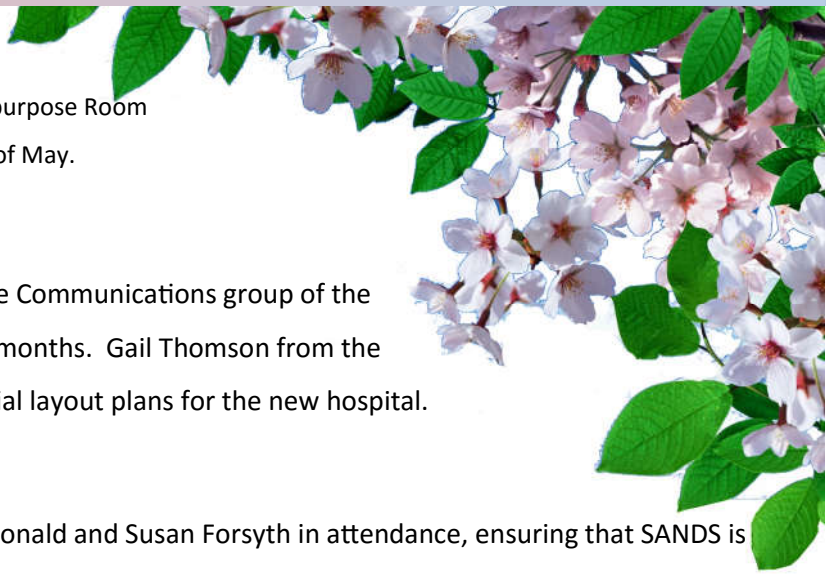
Abigail Grace Hunter born Thursday 3rd March weighing 6lb 14oz 3/4 to Claire and Barry Hunter Little sister to the late Cameron Hunter.

Maggie Janet Pottinger born Monday 7th March 2016 weighing 7lb 7oz to Marie Manson and Steve Pottinger. Little sister to Rhona, William, Dionne and the late Kieran

Ernest David Ian MacIntyre born on Sunday 26th March! weighing 7lbs 1/2oz, to Chloe and Malcolm McIntyre. Little brother to Robin and the late Ivy.

Sarah Elizabeth McLeman born on 18th January, weighing 4lb 5oz to Kelly and Mike, little sister to Stuart and the late Donald.

Isla McNab born on 5th April weighing 6lb3/4oz to Kimberly and Paul. Little sister to Evie and the late Raithan



DONATIONS

Big, big thank you to everyone below.....

£100 from Peter Vardy company . Every time a new member of staff starts with them they give them the opportunity to chose a charity to donate money to and someone chose SANDS.

£1340.00 from Adam Fraser which is the balance of donation received via the Just Giving page in memory of his and Debbie's precious son Peter.

£25.00 from Mrs J Masson in Pitmedden.

£200.00 from Peterhead Academy YPI project Jade Leonard and her school friends.

£40.00 from Rosemary and Robert Fraser and family for Gemma and Sarah's birthday precious babies of Fiona and George Donald.

£1224.84 from Aberdeen city council.

£806.76 from the Aberdeen SAND Just Giving page. Thank you to all who have donated over the last few years.

FUNDRAISING

£2777.13 raised by Rhona Bain and team who took part in the 2015 - Inverness Half Marathon. Rhona requested that 50% of her fundraising should be for the benefit of Aberdeen Sands

£178.00. cheque from Jog Scotland, Bridge of Don they did a fundraiser and decided to donate the monies to our group.

Rebekah Mackenzie from her events in memory of her son Adam in 2015 which were Adam's Tea Party £592.50 and Adam's Halloween Tea Party £70.00.

£1189.78 from Kerry Singer who took part in the 2015 - Sober for October.

All the best to those who are undertaking fundraising over the next few months.

OTHER INFORMATION

ANNIVERSARY CARDS

Should you wish a card on the anniversary of your baby's death ,please send your name, address, along with your baby's name and date of passing to help@aberdeensands.com

MEMORY POCKETS

Marjory is still doing a great job keeping Rubislaw Ward stocked up with Memory Pockets.



MEETINGS:

SHETLAND SANDS SUPPORT MEETINGS

We have very recently set up a group in Shetland, for more information please telephone: 07341945028 or email shetlandsands@hotmail.com

KEITH SANDS

The Keith meetings are to be held in UGIE HOUSE HOTEL at 7.30pm on the 3rd Wednesday of every month.

ABERDEEN SANDS

For details of the venues above please contact the helpline.

Thursday 7 th July	8pm- 11pm	Main support Meeting	Sportsman's Club 11Queens Road Aberdeen AB15 4YL
Thursday 4 th August	8pm- 11pm	Main support Meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 1 st September	8pm- 11pm	Main support Meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL

THE NEXT PREGNANCY GROUP:

The group will continue to meet monthly, and should you feel you want to go along to these meetings for some support, details are listed below.

Wednesday 15 th June	8pm- 11pm	Next Pregnancy Meeting	Fiona Donald's home
Wednesday 20 th July	8pm- 11pm	Next Pregnancy Meeting	Susan Masser's home
Wednesday 17 th August	8pm- 11pm	Next Pregnancy Meeting	To be confirmed
Wednesday 14 th September	8pm- 11pm	Next Pregnancy Meeting	To be confirmed

CHAPLANCY DATES

Quarterly Memorial Services for early miscarried babies at 10.50am East Chapel Aberdeen Crematorium

Wednesday 29th June 2016

Wednesday 28th September 2016

