



Stillbirth & neonatal death charity

ABERDEEN SANDS

HELPLINE (0870) 7606649

EMAIL: help@aberdeensands.com

WEBSITE: www.aberdeensands.com

ADDRESS: PO BOX12113 Aberdeen AB16 9DX

QUARTERLY NEWSLETTER: Jan/Mar 2016

NEWS

NEW TREASURER

We would like to welcome our new treasurer Heather Robb to our committee who is to look after our groups accounts.

SANDS ANNUAL CHRISTMAS SERVICE.

A big thank you to Mark Rodgers for the lovely but emotional services held back in December. Thank you to those who gave a donation for the Sands cards and merchandise, we received £275.51.

Contact Persons

CHAIRPERSON: Fiona Donald

SECRETARY: Susan Forsyth

TREASURER: Heather Robb

ANNIVERSARY CARDS: Pamela Styles

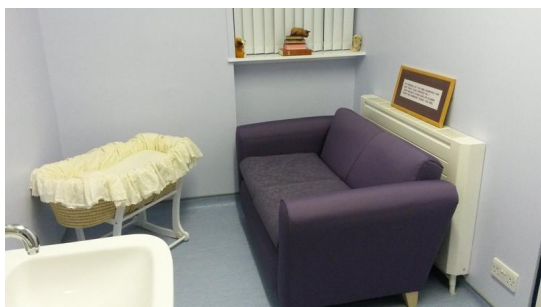
BEFRIENDER CO-ORDINATOR: Fiona Donald

RUBISLAW LIASON: Sandra Stephen

MEMORY POCKETS: Marjory Simpson

HELPLINE ROTA: Fiona Donald

WEBSITE: Small Group



RUBISLAW WARD

The new sofas for the baby room have arrived and we just have some art work to add to complete the refurbishment.

CHILD BEREAVEMENT NETWORK IN GRAMPIAN

Fiona Donald and Sandra Stephen have joined the Child Bereavement Network in Aberdeen and attend meetings attended by other charities and groups to help raise awareness of the support available to children in the Grampian area.

MAIN SUPPORT MEETINGS MEETING VENUES

We would like to thank the Sportsman's Club for the use of their premises for our monthly support meetings. The room we have is suitable and parking is easy.

BAIRD FAMILY HOSPITAL

Fiona Donald and Susan Forsyth have joined the Communications group of the Baird Family Hospital who will meet every few months.

MATERNITY LIASION COMMITTEE

The committee continues to meet with Fiona Donald and Susan Forsyth in attendance, ensuring that SANDS is involved in shaping the Maternity Services in the Grampian area for the future. If any parent has any feedback they would like taken to the committee, good and not so good please email help@aberdeensands.com.

AWARENESS & EVENTS

YPI WITH PETERHEAD

Thank you to Jade and her school mates for selecting Aberdeen SANDS for their chosen charity for their YPI project. They did a presentation and got through to the final 6. Unlucky girls for not winning but thank you for raising awareness of our group.



BEETLE DRIVE

DATE FOR DIARY 3rd JUNE 2016

The annual Beetle Drive will be held in Airyhall Community Centre.. All SANDS parents please bring some home bakes for the refreshments and a raffle prize. Put the date in your diary and have fun whilst raising funds for a good cause.

SCOTTISH NETWORK DAY

The next Network Day when the Scottish Groups get together is Saturday June 11th 2016, at the Thistle Hotel in Glasgow. If you think you may attend please get in touch with fionadonald4@gmail.com and perhaps a few could go together.

NEW ARRIVALS

Congratulation on the safe arrival of.....

Hewie born 5th September weighing 6 lbs 14 oz to Karen Elrick and Scott Forbes, little brother to the late Lola

Esmé Nevaeh Thomson born 29th September weighing 4lb 6 to Stacey and Ryan Thomson, little sister to the late Calvin Ryan

Cayden Alexander Cooper-Smith born Thursday 10th December weighing 6.13lbs to Emma and Mark Smith, little brother to the late Quinn.

Charlotte Mary Kelly born 23rd December 6lbs 11 to Katie and Vincent Kelly, little sister to Daniel and the late Grace.

Max Ligertwood born 21st December to Ginny and John, little brother to the late leo.

DONATIONS

Big, big thank you to everyone below....

£20 donation from Dawn, David and Zoe Hedger in memory of all babies for Sands Awareness month. David is a colleague of John Walshe. We apologise for not posting this thank you earlier.

£20.00 in memory of Lewis J Buchan.

£550 from John & Jackie Durkin money which was raised at their precious daughter's Emily's funeral.

£45.00 from Mrs Michelle Henderson was collected at her work (Team 049 OSH-HMRC) in memory of a work colleagues granddaughter Emily Durkin.

£400.00 from Shell UKLtd raised at a Christmas lunch in memory of their colleagues John and Jacqueline who lost their precious baby in December.

£120 from 5 friends in memory of Emily Durkin (daughter of Jacqueline and John)

£100 from Craig and Lynsey Scott in memory of there son Hamish Scott

£30 from Kirsty Matheson in memory of Sandra and Davies daughter Beth Stephen.

£20.00 donated by Louise Strachan in lieu of Christmas Cards.

£100.00 from Acumen Financial Planning in lieu of staff Christmas Cards.

FUNDRAISING

£300.00 from West Aberdeenshire Young Farmers Group which includes Vale of Alford, Inveruire, Garioch, Mid Deeside and Echt!! The money was raised by holding a disco and other charity events over the year. We were one of the two chosen charities along with the Sandpiper Trust.

£740.00 from Angela Stephens and her team doing the Color Me Rad Aberdeen

£150.00 from Lorna Dyce also part of Angela's team.

£100.00 from the Precious Moments Project who made gowns for Rubislaw Ward at Aberdeen Maternity Hospital.

£2950.00 Rhonda Ferrier, Lauren Sinclair and their team raised doing the Tough Mudder Scotland.

£282.50 from Tim Yeomans raised doing the Baker Hughes 10K in memory of Eva Yeomans.

£2035.00 raised by Alana Murray and Bob Stuart doing a Bungee Jump in memory of their precious Stuart twins.

£207.53 donation for Ruth Prince doing the 2015 Super Hero 10k

£264.00 which was raised by Adam Fraser at his work selling cakes. Wow that is a large amount of cakes you must have baked.

£165.00 from the sale of Spree books, thank you again Lisa Scott for the coordinating the sale of the books.

£3030.49 raised by Laura Elder and her team doing the Edinburgh Marathon Hairy Haggis Team Relay in memory of Ben Elder .



FORTHCOMING MEETINGS – All welcome

MEETINGS:

SHETLAND SANDS SUPPORT MEETINGS

Recently the new group In Shetland has been set up and for information on their support meetings please contact 07341945028 or email shetlandsands@hotmail.com

KEITH SANDS

The Keith meetings are to be held in *UGIE HOUSE HOTEL* at 7.30pm on the 3rd Wednesday of every month.

ABERDEEN SANDS

For details of the venues above please contact the helpline.

Thursday 4 th February	8pm- 11pm	Main support Meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 3 rd March	8pm- 11pm	Main support Meeting	Sportsman's Club 11Queens Road Aberdeen AB15 4YL
Thursday 7 th April	8pm- 11pm	Main support Meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 5 th May	8pm- 11pm	Main support Meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 2 nd June	8pm- 11pm	Main support Meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL
Thursday 7 th July	8pm- 11pm	Main Support Meeting	Sportsman's Club 11 Queens Road Aberdeen AB15 4YL

THE NEXT PREGNANCY GROUP:

The group will continue to meet monthly, and should you feel you want to go along to these meetings for some support, details are listed below.

Wednesday 17 th February	8pm- 11pm	Next Pregnancy Meeting	Natasha Hauzaree's home
Wednesday 16 th March	8pm- 11pm	Next Pregnancy Meeting	Jennifer Maitland's home
Wednesday 20 th April	8pm- 11pm	Next Pregnancy Meeting	To be confirmed
Wednesday 18 th May	8pm- 11pm	Next Pregnancy Meeting	Sandra Stephen's home
Wednesday 15 th June	8pm- 11pm	Next Pregnancy Meeting	Fiona Donald's home
Wednesday 20 th July	8pm- 11pm	Next Pregnancy Meeting	Susan Masser's home

CHAPLANCY DATES

Quarterly Memorial Services for early miscarried babies at 10.50am East Chapel Aberdeen Crematorium

Wednesday 30th March 2016

Wednesday 29th June 2016

Wednesday 28th September 2016